

Tiffany Cooper

Curriculum Vitae

SAG-AFTRA, AEA

www.Tiffanycooper.com

www.Tiffanycoopercoaching.com

Performing Artist * Master Teacher * Executive Speech Coach * Certified Life Coach

EDUCATION

Bachelor of Science

Speech Communications and Theatre with a Dance Minor

Murray State University

College of Humanities and Fine Arts, Murray, KY

Concentration: Classical Theatre, Musical Theatre, Classical Ballet, Modern and Jazz Dance

Awarded Theatre and Dance Scholarships

Recipient of the Robert E. Johnson Award for Theatrical Excellence

Teaching Artist Certificate

The Actors Fund of America, Teaching Artist Program - New York, NY

Certified Life Coach Practitioner

Learning Journeys - The International Center for Coaching

Accredited through the International Coach Federation (ICF)

PROFESSIONAL AFFILIATIONS/MEMBERSHIP



- Screen Actors Guild and American Federation of Television and Radio Artists - *Member*
- Actors Equity Association - *Member*
- Theater Latte' Da (Minneapolis, MN) - *Board Director*
- Global Minnesota - *Member*
- Ashland Independent Film Festival - *Past Board Director*
- Toastmasters of America - *Former Member*
- Alaska Public Media - *Leadership Circle*
- Alaska World Affairs Council - *Former Member*
- TEDx Anchorage - *Speaker Coach and Committee Member*
- TEDx Ashland - *Speaker Coach and Committee Member*

PROFESSIONAL ARTS TRAINING

Dance (Ballet, Jazz, Modern, Indian Bollywood) - New York, NY
Alvin Ailey American Dance Theater, New Dance Group,
Broadway Dance and Steps; Tu Dance, Minneapolis, MN

Film and Television Technique

Actors Connection and Weist-Barron Studios - New York, NY

Meisner Acting Technique

Matthew Corozine Studio - New York, NY

Advanced Film Acting

Bill Hopkins, Film Director - New York, NY

Method Acting Techniques

HB Studios - New York, NY

Vocal Coaching

Billy McDaniel - New York, NY

Scene Study

Guthrie Theatre, Minneapolis, MN; Actors Connection, New York,
NY; Independent Coaching, Los Angeles, CA

On-going Scene Study

Deryn Warren, Los Angeles, CA

Improvisation

Karen Campbell, Various studios

Directors (partial list)

Charles Randolph-Wright, Gordon Greenberg, Steven Pimlot, Chapman Roberts,
Baayork Lee, Stephen Bloom

Choreographers (partial list)

Baayork Lee, Ken Roberson, Anthony Van Lass, Tony Stevens, Lisa Stevens, Tanya Gibson Clark, Lainie Munro, Dennis Callahan

ACTING TEACHERS (partial list)

Deryn Warren, Edward Morehouse, Barry Shapiro, Mathew Corozine, Stanford Morris, Bill Hopkins, Mary Egan, Peter Miner, Erica Jensen,

EXECUTIVE SPEECH COACH

Developed independent coaching system for CEOs, senior executives, political candidates, TEDx speakers, keynote speakers, and organizations that helps them command public speaking presentations and create memorable and inspiring speeches.

Clients (partial list)

International Festival of Arts and Ideas - New Haven, CT

An internationally renowned festival with world-class artists, thinkers and leaders, attracting and engaging broad and diverse audiences, celebrating and building community, and advancing economic development.

Executive Speech and Leadership Coach

- Provided three full company coaching sessions across three months
 - Level up your performance: *How to speak with confidence*
 - Speak to persuade: *How to influence your audience*
 - Pitching organizational vision and mission
- Provided leadership coaching to executive director and five senior team members
- Created short-term and long-term personal and company goals related to the work

Women's Leadership Conference of Southern Oregon - Ashland, OR

The conference provides both personal inspiration and practical application to promote more equitable representation of women leadership at every career level and all stages of personal growth.

Executive Speech Coach

- Partnered with conference keynote speaker to develop a compelling keynote speech
- Coached keynote speaker on general delivery techniques including body language and speaking performance

Alaska Women Ascend: Training Women to Win Public Office - Anchorage, AK

Annual Political Campaign Training Conference

Political Speaking Coach

- Annually, provide multiple full group and one-on-one coaching's
 - *Speaking Without Fear: How to reduce public speaking anxiety*
 - *Preparing for the Art of the Interview*
 - *Nailing Your Presentation*
 - *Speaking like a Pro*
 - *How You Sound and Look*

U.S. Senate Candidates - Alaska and Oregon

Political Campaign Speech Coach

- Polish campaign stump speeches
- Create “role play” scenarios
- Work on vocal variation, body language and overall presentation
- Provide techniques for successful TV, radio and print media interviews
- Coordinate and partner with campaign managers

Gubernatorial Candidate - Oregon

Political Campaign Speech Coach

- Polished campaign stump speech
- Created a “role play” scenarios using campaign stump speech
- Worked on vocal variation, body language and overall presentation
- Introduced TV, radio interview, dealing with the media techniques
- Coordinated with campaign manager

TEDx Ashland - Ashland, OR

Speech Coach and Committee Member

- Reviewed 200+ speaker applications
- Co-created event theme
- Coached each speaker, one-on-one, 4-5 times before the event
- Provided coaching on vocal variation, body language and overall presentation
- Curated speaker flow

Arctic Energy Summit, Fairbanks Alaska - Fairbanks, AK

Alaska Center for Energy and Power - University of Alaska Fairbanks

Speech and Event Presentation Coach

- Contracted multiple year summit
 - Year 1 - *Discovering the energy of the ARCTIC and its PEOPLE*
 - Year 2 - *Transitioning the Arctic: Indigenous Peoples and Rural Sustainability*
- Coached 10+ speakers for each summit/year
- Trained the group with TEDx-style speaker tips including:
 - Determining the goal and type of speech
 - Scripting - crafting effective outlines, strong openings, bodies and closings
 - Developing effective presentation slides
 - Body language
 - Voice and Energy - vocal technique and vocal variation
 - Timing and memorization techniques

Anchorage Public Library, Lousacc Main Branch, Anchorage, AK

Executive Speech Coach

- Provided three full-day speaker coaching sessions for 10 library staffers to help them deliver TEDx-style presentations
- Coached speakers on speech structure and presentation
- Helped identify speaking goals
- Helped speakers communicate their point of view effectively including
- Strengthening their storytelling and human connection in the presentation

- Voice and Energy - vocal technique and vocal variation
- Body Language - using stage acting techniques

TEACHING EXPERIENCE

PROFILE

- Theatre, Commercial and Film professional with Arts Education training utilizing Multiple Intelligence Theory
- Work best with middle school, high school and college students
- Providing instruction and practical advice in training and performance with goal of increasing understanding, skills and confidence
- Audition technique (TV, Film, Musical Theater, Theatre) with provided scripts
- Improv and Theatre Games
- Providing practical career knowledge: Community Theatre to Broadway
- Utilizing interactive drama to explore social issues such as violence prevention, exclusion, community building and self-esteem
- Song Interpretation
- Poem and Lyrical Interpretation
- Health and Fitness

Teaching Artist

Creative Arts Team

City University of New York - New York, NY

The Creative Arts Team (CAT) at The City University of New York utilized the power of drama to inspire youth to learn more. Character, collaboration, story, and the dynamic relationship between actor and audience form the basis of CAT's approach.

- 3 month residencies for 9th & 10th grades, class sizes 15-23, 45-50 minutes
- Utilized theatrical game-oriented curriculum to help students understand issues relating to harassment and bullying
- Presentations explored overt and subtle circumstances that could lead to explosive incidents
- Distinguished non-verbal triggers in harassment situations
- Provided techniques to develop self-advocacy skills

CREATIVE PROCESS AND DEMONSTRATIONS

- Create short and long-term school and after-school residencies
- Engaging multiple intelligences in the learning process
- Poem and lyrical interpretation
- Song interpretation
- Improvisation and theatre games
- On-going development and learning
- Teaching discipline-specific learning in the arts: visual, dance, theater, music, poetry, etc
- Providing practical career knowledge: Community Theatre to Broadway
- Work best with middle school through professionals

Master Classes and Workshops

Customized workshops and master classes for professionals, amateurs and students. Each workshop and master class is uniquely created to encourage, teach and tap into one's full creative potential as an artist. Whether the goal is to pursue a Broadway career or exceed in local theater, the aim is to provide the training, education and tools to help build the confidence and creative courage needed to achieve student goals.

MOVING POETRY: *POETRY STORYTELLING THROUGH MOVEMENT*

This interactive workshop explores three poems by different poets, using exercises and music. Students will use improv dance movement to create a 'moving poem' employing storytelling techniques to find their unique voice. Students will work on vocal variation, and rhythm and interpretation. This workshop prepares participants to find depth in public poetry readings, expand their thinking and increase their self-confidence. The workshop is 1 hour.

BROADWAY MUSICAL THEATRE AUDITION WORKOUT: *STORYTELLING THROUGH SONG*

This master class is suitable for the beginner or career veteran. It is designed to help participants learn professional audition protocol including how to select the best 16-bar musical cut and prepare for the audition process, in-person or via zoom. Students will learn how to connect to the story within the song and recite lyrics like poetry. This class includes mock audition exercises. 1.5 hrs.

WELLBEING IN THE ARTS: *EXPLORING A HEALTHY MINDSET THROUGH THE ARTS*

This workshop explores self-care, personal growth, emotional resilience, connection and coping skills through expressive channels such as drama, visual art, music, movement and interactive exercises. Participants will be taught innovative techniques for self-guidance and learn how to create personal vision boards. The goal is for participants to walk away with a deeper personal awareness, new tools for creative living and an invigorated spirit. 1.5 hrs.

LONGEVITY IN THE PERFORMING ARTS BUSINESS: *NETWORKING TOOLS AND LEARNING HOW TO BE RESOURCEFUL*

A long and successful career as a performing artist requires more than performing. Performing artists need to understand how the business works, create personal marketing plans and convince casting directors they are the right choice for the job, and more. In this workshop, participants will learn about some of the latest marketing strategies related to headshots, resumes, bios, reels, social media, networking, and finding the right mentors. 1.5 hrs.

FEAR OF PUBLIC SPEAKING FOR KIDS AND YOUNG ADULTS: *HOW TO SPEAK WITH CONFIDENCE*

This workshop focuses on speaking with confidence, overcoming public speaking anxiety and crafting effective messages through structure and timing with an emphasis on powerful *storytelling*. This work is exceptionally beneficial for youth. Learning to speak well and communicate with confidence at a young age provides strong grounding for a successful future. 1 hr.

mentor YOU: *CREATING TOMORROW'S CONFIDENT LEADERS TODAY*

This professional development and mentor program is designed for high school students and young professionals focused on crafting their “professional package” and getting a head-start in life. The classes cover personal goal setting, networking, dressing for success, resume writing, prepping for job interviews and public speaking. Each session is 1hr.

PROFESSIONAL PRESENTATIONS

Guest Lecturer and Performing Artist

The Intersection Between Art and Faith

Abilene Christian University

College of Theatre and Musical Theatre, Abilene, TX

Guest Lecturer

The Business of the Performing Arts

Murray State University

College of Humanities and Fine Arts, Murray, KY

- Provided advice in preparing for and navigating a career in the performing arts
- Shared do's and don'ts of a professional headshot and resume
- Provided advice on how to find sustainable work while pursuing a career in the performing arts

Guest Lecturer

How to Stay Empowered While Pursuing Your Dream

Florida State College at Jacksonville, FL

DanceWORKS

Developed and performed original dance work, and presented lecture/workshop that explored the facets of a balanced career/life including

- Holistic approaches to artistic creation and career building
- The importance of maintaining healthy relationships
- Measurable goal-setting techniques
- Kinesthetic, visual-spatial, musical-rhythmic and interpersonal intelligences

Sessions culminated in a final performance before the entire student body and faculty.

DANCE ADJUDICATION

Dance Adjudicator, present

Midwest Starz Annual Regional and National Competitions

Major cities across the American Midwest

Member of national team of talent judges recruited annually to judge technique, presentation, costume, appearance and choreography of multiple-day competition featuring a wide variety solo and ensemble participants.

PROFESSIONAL PERFORMING ARTIST RESUME

See Artist Resume

COMMERCIALS & VOICE OVER WORK

Available Upon Request

COMMUNITY SERVICE & OUTREACH

Sing For Your Seniors, NY, NJ, FL, KY

Singer

Sing For Your Seniors is a nonprofit organization that enriches lives through music by bringing professional performing artists to the communities of seniors in need to entertain, foster intergenerational connection and create shared joy.

Miss Alaska Scholarship Foundation, Anchorage, AK

Panel Judge

The Miss Alaska Scholarship Foundation pageant is part of the Miss America Organization. The program provides contestants with the opportunity to enhance their professional and educational goals, and to achieve those pursuits with the assistance of monetary awards and tuition-based scholarships.

Community of Hope, New York, NY

Food Preparation, Clothing Distribution and Hygienic Counseling

The mission of the Community of Hope is to model the compassion of Christ through the meeting of people's physical and spiritual needs. Community of Hope serves homeless and underserved populations in Upper Manhattan.

Broadway Cares/Equity Fights AIDS, New York, NY

Holiday Caroling

Broadway Cares/Equity Fights AIDS is one of the nation's leading industry-based, nonprofit AIDS fundraising and grant-making organizations.

Broadway & Touring Show Talkbacks New York, NY and nationwide

Artist Performer Panelist (participated in more than 30 talkbacks)

Post-Show performance talkbacks enhance the audience experience by providing answers to questions about a particular show.

God's Love We Deliver, New York, NY

Food & Gift Bag Preparation

God's Love We Deliver improves the health and well-being of men, women and children living with serious illnesses by preparing and delivering nutritious, high-quality meals to people who are unable to provide or prepare meals for themselves.

Reach Out and Read Program, New York, NY

Reader (children, ages 3-10)

The Read Outreach Program is a Children's Literacy Program that provides volunteer story 'Readers' for underserved children in urban hospitals.